How is HIV not transmitted?

HIV is not transmitted when an HIV-positive person is on HIV treatment.







♦ hugging

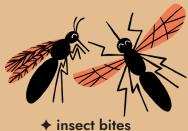


♦ shaking hands

♦ coughing

♦ PrEP = pre-exposure prophylaxis to prevent **HIV** transmission

♦ PEP = post-exposure prophylaxis to prevent **HIV** transmission



♦ surfaces

♦ kissing, skin contact

How is HIV transmitted?

HIV is only transmitted when an HIV-positive person is not on HIV treatment.







- ♦ vaginal and anal intercourse without a condom
- ♦ very low risk of infection through oral sex if semen or vaginal fluids end up in the mouth
- ♦ through drug use when sharing injecting equipment
- → during pregnancy, childbirth or breastfeeding when the pregnant person is not on **HIV** treatment

How can an HIV infection be prevented?



- ◆ Using condoms and lubricants
- ◆ Using PrEP treatment to prevent HIV transmission.
- ◆ Using clean injecting equipment when using drugs

Symptoms aren't a reliable way to tell if you have HIV or not. Get tested!

- → You should get tested for HIV if you've had vaginal or anal intercourse without a condom.
- ◆ You can get tested for HIV for free.
- → You can get tested for HIV three weeks after having unprotected sex. A negative result is reliable after 12 weeks.

