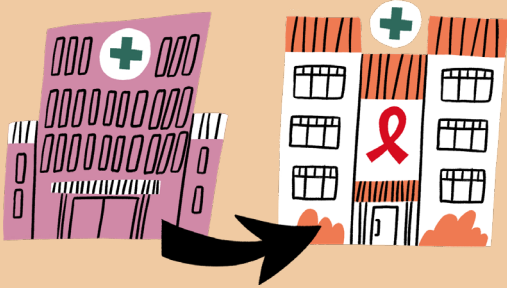


HIV treatment and care in Finland

High quality, free of charge, confidential



- ◆ HIV-positive people are treated in specialised Outpatient Clinics.
- ◆ You can be referred to an Outpatient Clinic through your Health Centre or for example through a Nurse in a Refugee Reception Centre. You are able to access treatment quickly.

- ◆ Blood tests and other necessary tests are taken before your appointment.
- ◆ During your appointment you will meet a doctor and a nurse.
- ◆ You'll meet with the doctor and the nurse approximately twice a year.



- ◆ You can get HIV medicines from the hospital pharmacy or from another place instructed by your doctor.
- ◆ Normally you can get medication enough to last for 3 months.



- ◆ In Finland, HIV treatment, care and medicines are free of charge.
- ◆ In Finland, everybody is getting excellent treatment for HIV.
- ◆ Money doesn't buy you any better treatment or better HIV medicines.



- ◆ Your health care is confidential. Your information will remain confidential. No information about you is given to e.g. immigration authorities, employers or to the police. No information about you is passed on to your family members or other loved ones without your consent.

- ◆ HIV medication is the most important part of your HIV treatment and care. You need to take the medication for the rest of your life. HIV medication does not cure HIV. It reduces the HIV viral load to a very low, undetectable level. HIV treatment keeps an HIV-positive person healthy and prevents HIV transmission.



- ◆ HIV infection can only be diagnosed with an HIV test.